



Name _____

Bacteria and Food

We often hear in the news that people have become sick because of bacteria. Some bacteria are very dangerous to humans and can make people sick. But did you know that most bacteria are very helpful in our lives? Some types of bacteria are used to make foods that we eat all of the time. Some bacteria live in our bodies to help us digest the foods we eat too.

There are millions of bacteria in the world. Find out how many foods that use bacteria are in your home.

Take this survey and check off the food you have eaten at home or in school. Ask your family to do the same.

Food	Me	Another person in my family Name _____
Yogurt		
Cheese		
Buttermilk		
Pickles		
Catsup (Ketchup)		
Salami		
Olives		
Vinegar		
Soy sauce		
Coffee		
Chocolate		
Sauerkraut		
Kimchi		
Sour Cream		

Bring your list back to school to make a class graph of the most popular bacterial foods.